

**Course : Techniques du travail universitaire (Study Skills)**

**Level : 1st year Licence**

**Year : 2019-20**

## **What is Your Learning Style? 20 Questions**

**1. What kind of book would you like to read for fun?**

- ☐ A book with lots of pictures in it
- ☐ A book with lots of words in it
- ☐ A book with word searches or crossword puzzles

**2. When you are not sure how to spell a word, what are you most likely to do?**

- ☐ Write it down to see if it looks right
- ☐ Spell it out loud to see if it sounds right
- ☐ Trace the letters in the air (finger spelling)

**3. You're out shopping for clothes, and you're waiting in line to pay. What are you most likely to do while you are waiting?**

- ☐ Look around at other clothes on the racks
- ☐ Talk to the person next to you in line
- ☐ Fidget or move back and forth

**4. When you see the word "cat," what do you do first?**

- ☐ Picture a cat in your mind
- ☐ Say the word "cat" to yourself
- ☐ Think about being with a cat (petting it or hearing it purr)

**5. What's the best way for you to study for a test?**

- ☐ Read the book or your notes and review pictures or charts
- ☐ Have someone ask you questions that you can answer out loud
- ☐ Make up index cards that you can review

**6. What's the best way for you to learn about how something works (like a computer or a video game)?**

- ☐ Get someone to show you

- ☐ Read about it or listen to someone explain it
- ☐ Figure it out on your own

**7. If you went to a school dance, what would you be most likely to remember the next day?**

- ☐ The faces of the people who were there
- ☐ The music that was played
- ☐ The dance moves you did and the food you ate

**8. What do you find most distracting when you are trying to study?**

- ☐ People walking past you
- ☐ Loud noises
- ☐ An uncomfortable chair

**9. When you are angry, what are you most likely to do?**

- ☐ Put on your "mad" face
- ☐ Yell and scream
- ☐ Slam doors

**10. When you are happy, what are you most likely to do?**

- ☐ Smile from ear to ear
- ☐ Talk up a storm
- ☐ Act really hyper

**11. When in a new place, how do you find your way around?**

- ☐ Look for a map or directory that shows you where everything is
- ☐ Ask someone for directions
- ☐ Just start walking around until you find what you're looking for

**12. Of these three classes, which is your favorite?**

- ☐ Art class
- ☐ Music class
- ☐ Gym class

**13. When you hear a song on the radio, what are you most likely to do?**

- ☐ Picture the video that goes along with it
- ☐ Sing or hum along with the music

- ☐ Start dancing or tapping your foot

**14. What do you find most distracting when in class?**

- ☐ Lights that are too bright or too dim
- ☐ Noises from the hallway or outside the building (like traffic or someone cutting the grass)
- ☐ The temperature being too hot or too cold

**15. What do you like to do to relax?**

- ☐ Read
- ☐ Listen to music
- ☐ Exercise (walk, run, play sports, etc.)

**16. What is the best way for you to remember a friend's phone number?**

- ☒ Picture the numbers on the phone as you would dial them
- ☐ Say it out loud over and over and over
- ☐ Write it down or store it in your phone contact list

**17. If you won a game, which of these three prizes would you choose?**

- ☐ A poster for the wall
- ☐ A music CD or mp3 download
- ☐ A game of some kind (or a football or soccer ball, etc.)

**18. Which would you rather go to with a group of friends?**

- ☐ A movie
- ☐ A concert
- ☐ An amusement park

**19. What are you most likely to remember about new people you meet?**

- ☐ Their face but not their name
- ☐ Their name but not their face
- ☐ What you talked about with them

**20. When you give someone directions to your house, what are you most likely to tell them?**

- ☐ A description of building and landmarks they will pass on the way
- ☐ The names of the roads or streets they will be on
- ☐ "Follow me—it will be easier if I just show you how to get there."